

ABSTRACT

Please insert the following Abstract:

--A phototherapy method, acting on the eyes (5) of an individual through light rays (R) of at least one specific wavelength, emitted by at least one light source (3) stationary relative to his/her head, which consists in: arranging the light source (3) at the periphery of his/her visual field allowing the individual's normal activities and in deflecting the light rays (R) onto a specific zone (9) of the retina (11), so as to maintain vision.--